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19 August 2020

To: medicines.scheduling@health.gov.au

Re: Melatonin - Interim decisions on proposed amendments referred to the Advisory Committee on Medicines Scheduling (ACMS #29 March 2020)

Dear Sir or Madam

I support the wider availability of stronger forms of Melatonin and oppose restrictions on its availability, including those related to strength or quantity.

As a consumer of melatonin to assist with sleep, I have the practical choice of prescription drugs, over the counter antihistamines etc or natural products like Melatonin.

There is no evidence referred to in the interim decision or otherwise to suggest restrictions are appropriate, and Melatonin should be more widely available.

Kind regards

[REDACTED]

[REDACTED]