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[redacted]

To the TGA

Dear Sir/Madam

RE: HOMOEOPATHY REGULATION

My name is Miguel FERNANDEZ and I have a PhD in Health and Behavioral Medicine. I hold the rank and license of Professor (of Psychology). I also teach at American university in the online mode at both Master's and doctoral levels. I have been a user of Homeoepathy for longer than I remember. I am currently reviewing research on Prostate Cancer (PCa) and its prevention using Green Tea Catechins. There is a plethora of research on polyphenols (GTC) that indicate its usefulness in some stages leading up to PCa. The key here is to not compare homoeopathic products or study them, but too look at the biochemical breakdown of the compounds deemed homeopathic. The value of a homoeopathic product is in its biochemistry, and not in its product names. You see this in the research (see 2 studies in the end note[i]). Same compound, but very different outcomes. One is product based and the other a biochemical breakdown. It is reasonable to assume that if a natural product like Green Tea can demonstrate chemoprotection, why not other homeopathic remedies? It would be unwise, in my opinion, to denounce this approach because there is a "lack of research." There is actually quite a lot of research, but in the biochemical sphere.
To that end I would like to support these 2 options:

Option 1: leave homoeopathy as it currently is (preferred option).

Option 2: requires higher scientific evidence for high therapeutic claims and is reasonable and acceptable option.

Thank you kindly for your attention

Sincerely

[redacted]

Professor Miguel R FERNANDEZ

[i] Gontero, P., Marra, G., Soria, F., Oderda, M., Zitella, D., Baratta, F.,…Brusa, F. (2015). A randomized double-blind placebo, controlled phase I-II study on clinical and molecular effects of dietary supplements in men with precancerous prostatic lesions. Chemoprevention or "chemopromotion?" *The Prostate*, 1177-1186. doi: 10.1002/pros.22999
Khan, N., & Mukhtar,H. (2013). Modulation of signaling pathways in prostate cancer by green tea polyphenols. *Biochemical Pharmacology, 85,* 667-672.